

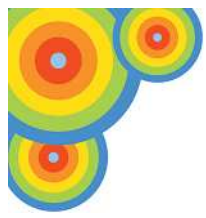
What I'd like you to know about me!

Celebrating and acknowledging children and young people with disabilities.

A Full List of Available Pages in the About Me Resource

Following are all the available pages in the resource, listed under their main topic. All page headings are changeable, meaning you can either keep the original heading or give each page whatever heading you would like, or believe is most appropriate, e.g. instead of a page titled 'My Life so Far' you may wish to call it 'Hi, My name is..!' or something else relevant to you, your child, or the child, young person or adult you support.

TOPIC - INTRODUCING ME	TOPIC - THIS IS WHAT YOU NEED TO SUPPORT ME
Introducing me....	These people support me
My life so far....	Contacts list
This is what you need to know about my disability	What I can do on my own
What's been happening in my life	What you need to know to support me
Who I live with	My behaviour support needs
My communication	Personal care information
My favourite things	To move around I need
Daily routine	About the equipment I use
Proud achievements	How I cope with change
My abilities and strengths	Some of the things that help me feel calm
TOPIC - MY WORLD	Things I find difficult
What I like and don't like	What you need to know when I am in hospital - Medical information
Great things about me	What you need to know when I am in hospital - information about me
My wishes and dreams	What you need to know when I am at school, kindy, childcare, high school
My goals	What you need to know when I am at respite
My family and important people in my life	What you need to know when I am at home
What have you learned about me?	TOPIC - MEDICAL AND HEALTH INFORMATION
TOPIC - SKILLS AND ABILITIES	Information about my medication
What I can do on my own	Doctors / specialists / health professionals I see
My abilities and strengths	This is what you need to know about my health
Proud achievements	Dangers and alerts
How I like to learn	TOPIC - STAYING SAFE
My goals	This is what you can do to keep me safe
TOPIC - MY EMOTIONS	Danger areas and alerts
I express my feelings in these ways	
My fears	



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A Suggested List of Pages

If you don't know where to start, consider the list below as a first step. You will need to think carefully about your child's needs (or the person you support) and also the environment(s) that the book will be used in when deciding on which pages to include.

If you only ever created the pages listed below, you will have a good book, however once you are confident in using the resource, we hope you will create many more, so your child's life, or the life of the person you support is truly celebrated.

1. Introducing me/ My life so far
2. This is what you need to know about my disability
3. Who I live with
4. My communication
5. Daily routine
6. My favourite things
7. Great things about me
8. What I can do on my own
9. What you need to know to support me
10. I express my feelings in these ways
11. This is what you can do to help me stay safe

